

## CONROE VARSITY GIRLS TRACK & FIELD RECORDS

TRACK	TIME	ATHLETE	GRADE	MEET DATE
<a href="#">100m</a>	12.18	<a href="#">JZNAE KIM</a>	2018	4/20/2017
<a href="#">200m</a>	24.81	<a href="#">JZNAE KIM</a>	2018	5/1/2015
<a href="#">400m</a>	56.84	<a href="#">BROOKE RODGERS</a>	2016	4/12/2016
<a href="#">800m</a>	2:17.09	<a href="#">HANNAH GAULT</a>	2020	4/11/2019
<a href="#">1600m</a>	5:22.88	<a href="#">HANNAH GAULT</a>	2020	4/11/2019
<a href="#">3200m</a>	11:40.48	<a href="#">HANNAH GAULT</a>	2020	3/30/2019
<a href="#">100mH</a>	15.93	<a href="#">JASMINE HEINE</a>	2016	4/15/2015
<a href="#">300mH</a>	45.97	<a href="#">ZENA UTLEY</a>	2019	3/30/2018
RELAY	TIME	TEAM		MEET DATE
<a href="#">4x100m</a>	47.22	Deja Warren, Jznae Kim, Jazzmin Kim, Tay Nance		4/2/2015
<a href="#">4x200m</a>	1:42.49	Zena Utley, Jznae Kim, Shambriea Lawrence, Jazzmin Kim		4/19/2018
<a href="#">4x400m</a>	3:52.50	Kathryn Becker, Cassandra McKnight, Blyake Fenner, Maxine Major		4/10/2006
FIELD	MARK (W)	ATHLETE	GRADE	MEET DATE
<a href="#">Triple Jump</a>	41-2 1.9	<a href="#">JZNAE KIM</a>	2018	5/11/2017
<a href="#">Long Jump</a>	19-3.75	<a href="#">JZNAE KIM</a>	2018	5/11/2018
<a href="#">High Jump</a>	5-2	<a href="#">JASMIN LAWRENCE</a>	--	4/16/2010
<a href="#">Pole Vault</a>	9-6.25	<a href="#">CANDACE VIRGADAMO</a>	--	3/6/2009
<a href="#">Shot Put</a>	44-1	<a href="#">JADYN WALDEN</a>	2018	4/19/2018
<a href="#">Discus</a>	133-3	<a href="#">TAMIA MCWASHINGTON</a>	2017	3/3/2017